

## HOW TO USE RETINOIC ACID & HYDROQUINONE

### IN THE EVENING:

WASH YOUR FACE WITH A MILD CLEANSER

PAT DRY WITH A CLEAN, DRY TOWEL

APPLY A PEA-SIZE AMOUNT OF THE RETINOIC ACID AND A PEA-SIZE AMOUNT OF THE HYDROQUINONE ON THE BACK OF YOUR HAND

MIX THE TWO SOLUTIONS TOGETHER

DIP YOUR FINGER INTO THE CREAM AND APPLY A DOT TO YOUR FOREHEAD, CHEEKS AND CHIN

GENTLY RUB THIS INTO YOUR SKIN

WHEN THROUGH APPLYING TO YOUR FACE, RUB THE BACKS OF YOUR HANDS TOGETHER TO TREAT YOUR HANDS

BE SURE TO AVOID RUBBING THE CREAM IN THE CORNERS OF YOUR EYES, MOUTH AND NOSTRILS

NEVER APPLY THIS CREAM TO YOUR EYELIDS

BE SURE TO APPLY A 30 (OR HIGHER) SPF SUNSCREEN TO YOUR FACE EVERY MORNING & THROUGHOUT THE DAY AS NEEDED

SHOULD YOU HAVE ANY QUESTIONS OR CONCERNS, PLEASE CALL THE GEORGIA SKIN & CANCER CLINIC AT 912-925-0067